

Cosmic Source, Cosmic Self

An Exploration of Living Your Best Life

A 10-week Interactive
Streaming Online Course
with Marydale



Wednesday nights from
5:30 – 6:30 pm beginning
February 13, 2019
Investment: \$90

Cosmic Source, Cosmic Self is the perfect holistic prescription for a life that works. Learn to bridge the space between the small you—Cosmic Self, with the big You—Cosmic Source, for unstoppable success, fulfillment, and great joy. Reinforce simple truths that you already know and incorporate new tools that will support your abundant life.

- Investigate Universal principles to remember and achieve long-forgotten skills and abilities.
- Take your life to a whole new level of understanding.
- Study the most important person in the world today: YOU.
- Replace your weaknesses with strengths.
- Understand, embrace, and learn to contribute your highest good to the world at large.
- **Access archived course recordings at any time.**

About Marydale

Marydale, YTRx-500C, POLY-E-RYT500, RMT, is founder and director of Param Yoga Healing Arts Center in Chatsworth, CA. A practicing yogi since 1970, as well as a certified Yoga Therapist and Reiki Master Teacher, she brings her wisdom and decades of experience to the process of guiding students and clients to their best selves and highest good.

Register today at
Param-Yoga.com
and set up your free
web conferencing
account at **Zoom.us**